

Fall High School Clinic & Scrimmage Program

Prepare for the upcoming season by improving your basic skills and getting in shape!

Sunday Evenings

Oct. 2 thru Nov. 13 (7 weeks)

Time: 6:40-7:55 pm

** Intended for players age 13-18 **



Program Goals:

- To develop and improve individual hockey skating, shooting, stick-handling and passing skills.
- To improve speed, agility and general conditioning in preparation for the upcoming season.
- To reinforce team work and good sportsmanship through competitive scrimmages.

Program Description:

To achieve the program goals, each 75 minute session will consist of approx. 20-25 minutes of skill development time, approx. 20-25 minutes of on-ice conditioning time and approx. 20-25 minutes of controlled scrimmage time.

Depending upon the number of players registered, players will be divided into either 2 or 4 teams for scrimmage purposes.

Program Includes:

- Union Sports Arena team jersey
- Experienced coaches
- 7 weekly sessions ending on Nov. 13

Program Requirements:

- Full hockey equipment is required.
- Players must be registered members of USA Hockey for the 2010-2011 season. Registration can be completed online at www.usahockeyregistration.com.

Coach Information:

The Head Coach for this program will be Pierre Pellaton. Coach Pierre began his love affair with hockey back in the 1950s when he joined his boarding school's team. His style of play caught the attention of coaches and he was invited to join the Swiss National team in 1964, but knee and shoulder injuries sidelined his playing career. By 1970, he was in northern New Jersey where he coached for a variety of hockey clubs until 1988

From 1988 to 1999, he coached several Devils Youth Hockey teams before returning to his native Switzerland where he coached with the Neuchatel-Young Sprinters HC Junior Elite team during the 1999-2000 season. He served as head coach of the Universite of Neuchatel team from 2000-2002, and in 2002 through 2004 he was pro coaching director for the Neuchatel-Young Sprinters semi-pro team.

Coach Pierre currently coaches at the Midget level with the NJ Devils Youth Hockey Club.

Union Sports Arena Fall High School Clinic & Scrimmage Program Registration Form

Name: _____

Age: _____ Birth Date: _____

Address: _____

City, State, Zip: _____

E-Mail: _____

Phone #: _____

Parent Name: _____

What team do you currently play on: _____

What Level: _____

Would you like to have future clinic information sent to you? Yes No

Price: \$210

Payment: Cash Check# _____ Credit Card

Card # _____

Exp. Date: _____ Amount: _____

Name on Card: _____

Please print and include middle initial.

Signature: _____

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

Please sign waiver on reverse side.

Call 908-687-8610 for further information.

Check us out on the web at
www.UnionSportsArena.com

