



### Union Sports Arena Special Programs and Clinics Release

*Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility Code and acknowledge that all skaters skate at their own risk.*

*At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the facility arising from skater's use of the Facility or otherwise upon the premises.*

**Yes, I have read and understand the policies that are stated with regards to the Special Clinic.**

\_\_\_\_\_  
Age \_\_\_\_\_  
Signature of P articipant

\_\_\_\_\_  
Date: \_\_\_\_\_  
Signature of P arent or Guardian (if under 18)



**For further information:  
Call 908-687-8610  
Fax 908-687-8924**

**Visit our website at:  
[www.unionsportsarena.com](http://www.unionsportsarena.com)**

Union Sports Arena  
2441-A Route 22 West  
Union, NJ 07083

## Union Sports Arena The After School Hockey Club (Hockey 101)

*This is the perfect program for skaters coming out of our Learn to Skate Program*



**Starting March 7, 2011  
Mondays – 4:50-5:50 pm**

**\$30 per session  
10 session pass: \$250**

*Play the Coolest Game in Town!*



2441-A Route #22 West, Union, NJ 07083  
Phone: 908-687-8610 Fax: 908-687-8924  
(Just behind Pizza Hut & Best Buy)

# The After School Hockey Club

(Hockey 101)

Learn the game of hockey from professional instructors.



Intended for beginner players ages 5 -8.

**Starting March 7, 2011**  
**Mondays – 4:50-5:50 pm**

**Skating Skill Level:** Players should know how to skate forward and be able to stop.

Players are grouped by age and ability level.

## Format:

5 minutes: Warm-ups  
35 minutes: Skills & Drills  
20 minutes: Scrimmage Game(s)  
(using the USA Hockey cross-ice format).

## Goals:

- To develop a comfort zone for each player; preparing them to enter hockey play at the in-house level.
- To develop individual hockey skating, shooting, stick-handling and passing skills within a small group format.
- To teach proper skating techniques using a stick, supplemental to the "Learn to Skate Hockey" program offered by Union Sports Arena.
- To correct stance, shooting and skating mistakes.
- To teach correct moves and maneuvers that will decrease risk of injury to players.
- To reinforce the skills needed to play hockey effectively.

This program will be coached by Matt Gualtieri along with the Union Sports Arena staff of professional instructors assisted by high level High School and Junior assistant coaches.

**Equipment Needed:** **Helmet with full-face shield, gloves, stick, elbow pads, knee pads, hockey socks and ice skates. Additional padding (Shoulder pads & pants) are optional, but recommended.**

**Team Jersey is included.**

## Union Sports Arena's After School Hockey Club Registration Form

**10 session pass: \$250**

Individual sessions will be available at \$30 each for non-dub members.

Yes, I need to rent skates (\$4 per session)

Team Jersey Size: \_\_\_\_\_

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Name (if under 18): \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

What team do you currently play on: \_\_\_\_\_

What Level: \_\_\_\_\_

Would you like to have future clinic information sent to you?  Yes  No

Payment:  Cash  Check # \_\_\_\_\_  Credit Card

Card # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Please print and include middle initial.

Signature: \_\_\_\_\_

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

**Please sign waiver on reverse side.**