

Union Sports Arena

'Learn to Skate' Programs

Cost \$99*

Lesson groups are ongoing with a rolling monthly enrollment.
New classes form weekly.

Fall and Winter Schedule:

- **Saturdays and Sundays**
(All levels and adults)
 - Lessons: 12:15, 12:50 and 1:25 pm
 - Plus public session 12:30-2:00 pm
- **Wednesdays**
 - Sept. 16 thru November 11, 2009
 - Lessons: 3:30 and 4:00 pm
 - Plus public session 3:30-5:00 pm
- **Fridays**
 - Starting November 6, 2009
 - Lessons: 7:30 and 8:00 pm
 - Plus public session 7:30-9:00 pm

Sessions Include:

- 6 – 25 minute lessons plus skate rental
- Remainder of public session
- 2 additional public session admissions
- Classes are limited to 5 students per instructor.
- *Registration in USFSA Program (required).
- *USFSA program book, insurance and patch

*** Please include \$10 USFSA membership**
(One time per year– good to August 31)



What should you wear to a 'Learn to Skate' Class?

- **Bike or Hockey Helmet.** Bike helmets should cover the back of the head and should sit two fingers above the skaters' eyebrows. Hockey helmets offer excellent protection. Make sure your name is on the helmet. Children ages 7 and below are required to wear a helmet. Above age 7 helmets are strongly recommended, but are up to a parent's discretion.
- **Skates: Either Hockey or Figure.** For older or taller skaters, hockey skates generally give better ankle support and do not have toe picks that many novice skaters tend to trip over. Skate rentals are included during your lesson session and are on a first come basis.
- **Dress Warm.** Remember this is an ice rink and it is always cold. Skaters should dress warmly and be able to comfortably move around.
- **Gloves: Either wool or Hockey Gloves.** Gloves keep your hands warm and protect them from ice burrs when you fall.
- **Knee Pads.** Knee pads are not recommended for any beginner skater, but should you feel that you would like to wear them, please make sure that the knee pads are under the skaters clothing. Having the knee pads exposed causes skaters to slide and be unable to get up from fall.
- **Socks.** Wear socks that pull up to mid calf. No cuffies or anklets. They create pressure points and blisters.
- **No parents or guardians are allowed on the ice wearing shoes at any time.**

Union Sports Arena

'Learn to Skate' Registration

Check Day

Desired:

- Saturday
- Sunday
- Wednesday
- Friday

Check Program

Desired:

- Basic Skills (Figure)
- Hockey
- Snow Flow Sam
(under 6)

Name: _____

Age: _____ Birth Date: _____

Address: _____

City, State, Zip: _____

E-Mail: _____

Phone #: _____

Parent Name (If under 18) _____

Have you ever skated before? ____ Yes ____ No

If Yes, at what level do you last skate? _____

Price: \$99 per pass
 \$10 USFSA registration (good thru 8/31)

Total Price: \$ _____

Payment Method: Cash Check # _____

Credit Card # _____

I authorize Union Sports Arena, L.L.C., to charge the above credit card for the Total Price shown above.

Signature _____ Exp. Date: _____

Please sign waiver on reverse side.



Union Sports Arena 'Learn to Skate' Participant Liability Waiver

Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility code and acknowledge that all skaters skate at their own risk

At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's parent or legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the Facility arising from skater's use of the Facility or otherwise upon the premises.

Yes, I have read and understand the policies that are stated with regards to the U.S.A. "Learn to Skate" program.

Signature of P participant Age _____

Signature of P arent or Guardian (if under 18) Date: _____

Union Sports Arena
2441-A Route 22 West
Union, NJ 07083

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The Coolest Place in Union County!



UNIONSPO RTSARENA
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Union N.J. 07083
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Web: www.unionsportsarena.com