

# 2011 - High School & Midget Skills Camp

**Prepare for the upcoming season by improving your game with professional instructors!**

**Mon. August 29 to Thur. Sept. 1**  
9:30 AM to 4:00 PM

**Price: \$360** (or \$100 per day)  
(Group Discounts are available)

**\*\* Intended for players age 13-18 \*\***



## Camp Program:

Learn about the fast paced motion and offensive flow style of hockey (sometimes called the European System) that has been taught by Coach Pierre Pellaton for over 30 years and is now the standard style of play in the NHL.

Learn how to "stretch the ice" and create openings so that you can use your skating skills to get free in the other team's end and generate shots on net.

## Camp Format:

This camp will include 2 on-ice sessions per day (3 ½ hrs per day) featuring a combination of skill instruction, conditioning work, and scrimmages where the coaches will work with the players to improve player speed and agility as well as their shooting, stick-handling and passing skills.

The camp will also include a 1 hour dryland session each day where the coaches will work with the players to teach them things they can do to improve their physical development and hockey skills off the ice.

In addition, there will be separate instruction for goaltenders where coaches will work with goaltenders to improve skills necessary for that position.

## Camp Schedule:

**9:30-9:45 am - Pre-Ice Warm-up**  
**10:15-11:45 am - On-Ice session**  
**12:00-12:30 pm - Lunch**  
**12:30-1:30 pm - Dryland session**  
**2:00-4:00 pm - On-Ice session**

**Please note:** Players can bring lunch with them, or place orders for lunch each day upon arrival at the camp.

## Head Coach Information:

The Head Coach for this camp will be **Pierre Pellaton**. Coach Pierre began his love affair with hockey back in the 1950s when he joined his boarding school's team. His style of play caught the attention of coaches and he was invited to join the Swiss National team in 1964, but knee and shoulder injuries sidelined his playing career. By 1970, he was in northern New Jersey where he coached for a variety of hockey clubs until 1988.

From 1988 to 1999, he coached several Devils Youth Hockey teams before returning to his native Switzerland where he coached with the Neuchatel-Young Sprinters HC Junior Elite team during the 1999-2000 season. He served as head coach of the Universite of Neuchatel team from 2000-2002, and in 2002 through 2004 he was pro coaching director for the Neuchatel-Young Sprinters semi-pro team.

Coach Pierre currently coaches at the Midget level with the NJ Devils Youth Hockey Club.

# Union Sports Arena 2011 - High School & Midget Skills Camp

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone #: \_\_\_\_\_

Parent Name: \_\_\_\_\_

What team do you currently play on: \_\_\_\_\_

What Level: \_\_\_\_\_

Would you like to have future clinic information sent to you?  Yes  No

Price:  \$360

Payment:  Cash  Check# \_\_\_\_\_  Credit Card

Card # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Please print and include middle initial.

Signature: \_\_\_\_\_

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

**Please sign waiver on reverse side.**

**Call 908-687-8610 for further information.**

**Check us out on the web at**  
[www.UnionSportsArena.com](http://www.UnionSportsArena.com)



**Union Sports Arena High School Skills  
Summer Camp  
Participant Release**

*Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility code and acknowledge that all skaters skate at their own risk.*

*At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's parent or legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the Facility arising from skater's use of the Facility or otherwise upon the premises.*

**Yes, I have read and understand the policies that are stated with regards to the U.S.A. High School Skills Camp.**

\_\_\_\_\_ Age \_\_\_\_\_  
Name of Participant

\_\_\_\_\_ Date: \_\_\_\_\_  
Signature of Participant or  
Parent/Guardian (if under 18)

Union Sports Arena  
2441-A Route 22 West  
Union, NJ 07083

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**FULL EQUIPMENT IS REQUIRED!**



**2441-A Route #22 West  
Union, NJ 07083**

**Phone: 908-687-8610**

**Fax: 908-687-8924**

**(Just behind Pizza Hut & Best Buy)**