

2009 - High School & Midget Skills Camp

Prepare for the upcoming season by improving your game with professional instructors!

Mon. August 10 to Fri. August 14
9:30 AM to 4:00 PM

Price: \$395 (or \$100 per day)
(Group Discounts are available)

** Intended for players age 13-18 **



Camp Program:

Learn about the fast paced motion and offensive flow style of hockey (sometimes called the European System) that has been taught by Coach Pierre Pellaton for over 30 years and is now the standard style of play in the NHL.

Learn how to "stretch the ice" and create openings so that you can use your skating skills to get free in the other team's end and generate shots on net.

Camp Format:

This camp will include 2 on-ice sessions per day (3 ½ hrs per day) featuring a combination of skill instruction, conditioning work, and scrimmages where the coaches will work with the players to improve player speed and agility as well as their shooting, stick-handling and passing skills.

The camp will also include a 1 hour dryland session each day where the coaches will work with the players to teach them things they can do to improve their physical development and hockey skills off the ice.

In addition, there will be separate instruction for goaltenders where coaches will work with goaltenders to improve skills necessary for that position.

Camp Schedule:

9:30-9:45 am - Pre-Ice Warm-up
10:15-11:45 am - On-Ice session
12:00-12:30 pm - Lunch
12:30-1:30 pm - Dryland session
2:00-4:00 pm - On-Ice session

Please note: Players can bring lunch with them, or place orders for lunch each day upon arrival at the camp.

Head Coach Information:

The Head Coach for this camp will be **Pierre Pellaton**. Coach Pierre began his love affair with hockey back in the 1950s when he joined his boarding school's team. His style of play caught the attention of coaches and he was invited to join the Swiss National team in 1964, but knee and shoulder injuries sidelined his playing career. By 1970, he was in northern New Jersey where he coached for a variety of hockey clubs until 1988.

From 1988 to 1999, he coached several Devils Youth Hockey teams before returning to his native Switzerland where he coached with the Neuchatel-Young Sprinters HC Junior Elite team during the 1999-2000 season. He served as head coach of the Universite of Neuchatel team from 2000-2002, and in 2002 through 2004 he was pro coaching director for the Neuchatel-Young Sprinters semi-pro team.

Coach Pierre currently coaches at the Midget level with the NJ Devils Youth Hockey Club.

Union Sports Arena 2009 - High School & Midget Skills Camp

Name: _____

Age: _____ Birth Date: _____

Address: _____

City, State, Zip: _____

E-Mail: _____

Phone #: _____

Parent Name: _____

What team do you currently play on: _____

What Level: _____

Would you like to have future clinic information sent to you? Yes No

Price: \$395

Payment: Cash Check# _____ Credit Card

Card # _____

Exp. Date: _____ Amount: _____

Name on Card: _____

Please print and include middle initial.

Signature: _____

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

Please sign waiver on reverse side.

Call 908-687-8610 for further information.

Check us out on the web at
www.UnionSportsArena.com

