

# Union Sports Arena

## August 2011 Summer Hockey Skills Development Camps

### Hockey Skills Development Camp

August 8 – 12 9:30 - 11:45 am Mite / Squirt  
 August 8 – 12 12:30 - 4:00 pm PW/ Bantam

### Stickhandling & Shooting Camp

August 15 – 19 9:30 - 11:45 am Mite / Squirt  
 August 15 – 19 12:30 - 4:00 pm PW/ Bantam

### Powerskating Camp

August 22 – 26 9:30 - 11:45 am Mite / Squirt  
 August 22 – 26 12:30 - 4:00 pm PW/ Bantam

- Up to 4 Goalies are accepted in each camp.
- Enrollment is limited to 30 players / session.



Campers are broken into small groups where coaches personally work with each player, evaluating their skills, correcting weaknesses and developing proper hockey techniques. They are assisted by high level Midget AAA & Jr. player - instructors. A combination of skill development drills, simulated game situations and scrimmages combine to provide players an opportunity to advance their level of play.

### Program:

Mornings are dedicated to Mite and Squirt age players (Ages 5-9). Training consists of stickhandling, shooting and skating skill development in a fun, game-like environment. The skaters will be on the ice for 2 hours each day.

Afternoons are for the Pee wee / Bantam program (ages 10 – 15) consisting of 1 hour of dry-land training followed by 2 hours on the ice each day. Skaters will improve their stickhandling, shooting, checking, and skating skills while being introduced to systems drills and play strategies.

#### Skating

- Forward and Backward skating
- Crossovers, Starts, Stops and Turns
- Pivoting and transitional play
- Overall agility and foot work

#### Passing

- Forehand and Backhand passes
- Specialty passes – Drop, Saucer, etc.

#### Stick Handling

- Handle the puck while stationary or while moving, alone or "in traffic"
- Fakes and Dekes
- Poke and Stick Checks

#### Shooting

- Wrist, Backhand and Snap shots
- Slap shots (for the PW/Bantam group)

### Head Coach Information:

Coach **Matt Anderson** played youth hockey with the NJ Devils Youth Hockey and Wildcats Junior Hockey programs. He was a 4 year varsity starter for Seton Hall Prep as well as for New York University where he was the team Captain for his Senior Year. Coach Matt A. has been coaching for our Youth Hockey programs at Union for the last 4 years.

### Register by mail, fax, or in person.

For more information contact:

Phone: 908-687-8610

Fax: 908-687-8924

Or visit us on the web at

[www.UnionSportsArena.com](http://www.UnionSportsArena.com)



## Union Sports Arena

### August 2011 Summer Hockey Skills Development Camps Registration Form

(Please fill out ALL information)

Register for team level that player will be in the fall.

#### Camp(s) Desired:

- Mite / Squirt
- August 8-12 (5 days) Cost: \$ 235
  - August 15-19 (5 days) Cost: \$ 235
  - August 22-26 (5 days) Cost: \$ 235
- PW / Bantam
- August 8-12 (5 days) Cost: \$ 295
  - August 15-19 (5 days) Cost: \$ 295
  - August 22-26 (5 days) Cost: \$ 295

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

e-mail address: \_\_\_\_\_

What team do you currently play on?  
 \_\_\_\_\_ Level: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone #: \_\_\_\_\_

Payment:  Cash  Check # \_\_\_\_\_  Credit Card

Card # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Please print and include middle initial.

Signature: \_\_\_\_\_

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

**Please sign waiver on reverse side.**



**Union Sports Arena  
Liability Waiver and Release**

*Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility code and acknowledge that all skaters skate at their own risk.*

*At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's parent or legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the Facility arising from skater's use of the Facility or otherwise upon the premises.*

**Yes, I have read and understand the policies that are stated with regards to the U.S.A. Summer Hockey Skills Development Camp.**

\_\_\_\_\_ Age \_\_\_\_\_  
Name of Participant

\_\_\_\_\_ Date: \_\_\_\_\_  
Signature of Participant or  
Parent/Guardian (if under 18)

Union Sports Arena  
2441-A Route 22 West  
Union, NJ 07083

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August 2011 Summer Hockey  
Skills Development Camps**

*Play the Coolest Game in Town!*



**CAMP SESSIONS:**

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**Stickhandling & Shooting Camp**

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Phone: 908-687-8610 Fax: 908-687-8924  
(Located behind Pizza Hut & Best Buy)