

Sergei Starikov

2009 Summer Hockey Skills Development Camps

At Union Sports Arena

Defensive Skills Camp

August 17 – 21 9:00 - 11:45 am Mite / Squirt
 August 17 – 21 12:30 - 5:00 pm PW/ Bantam

Stickhandling & Shooting Camp

August 24 – 28 9:00 - 11:45 am Mite / Squirt
 August 24 – 28 12:30 - 5:00 pm PW/ Bantam

Powerskating Camp

Aug. 31-Sept. 4 9:00 - 11:45 am Mite / Squirt
 Aug. 31-Sept. 4 12:30 - 5:00 pm PW/ Bantam



Campers are broken into small groups where coaches personally work with each player, evaluating their skills, correcting weaknesses and developing proper hockey techniques. They are assisted by high level Midget AAA & Jr. player - instructors. A combination of skill development drills, simulated game situations and scrimmages combine to provide players an opportunity to advance their level of play.

Program:

Mornings are dedicated to Mite and Squirt age players (Ages 5-9). Training consists of stickhandling, shooting and skating skill development in a fun, game-like environment. The skaters will be on the ice for 2.5 hours each day.

Afternoons are for the Peeewe / Bantam program (ages 10 – 15) consisting of 1 hour of dry-land training followed by 3 hours on the ice each day. Skaters will improve their stickhandling, shooting, checking, and skating skills while being introduced to systems drills and play strategies.

Skating

- Forward and Backward skating
- Crossovers, Starts, Stops and Turns
- Pivoting and transitional play
- Overall agility and foot work

Passing

- Forehand and Backhand passes
- Specialty passes – Drop, Saucer, etc.

Stick Handling

- Handle the puck while stationary or while moving, alone or "in traffic"
- Fakes and Dekes
- Poke and Stick Checks

Shooting

- Wrist, Backhand and Snap shots
- Slap shots (for the PW/Bantam group)

Coch Information:

Born in Chelyabinski, USSR, Sergei began his club career with the local Traktor squad. He played for the USSR at the 1977 and 1978 World Junior Championships. He went on to play several years with the Central Red Army and won a host of domestic titles and toured North America in six Super Series. The crafty blueliner also played at the 1979 Challenge Cup, five World Championships, three Olympics (2 gold medals and 1 silver medal) and the 1984 Canada Cup. Sergei was drafted 152nd overall by the NJ Devils in 1989. He played 16 games for the New Jersey Devils in 1989-90 wearing jersey #4 and played for the San Diego Gulls of the IHL for the following 2 seasons. For the 2008-2009 season, Sergei was the Assistant Coach for Sibir Novosibirsk, a Russian hockey team in the CHL.

Register by mail, fax, or in person.



For more information contact:

Phone: 908-687-8610

Fax: 908-687-8924

www.UnionSportsArena.com

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2009 Summer Hockey Skills Development Camps

Registration Form

(Please fill out ALL information)

Register for team level that player will be in the fall.

Camp(s) Desired:

- Mite / Squirt
- August 17-21 Cost \$ 295.00
- August 24-28 Cost \$ 295.00
- Aug. 31-Sept. 4 Cost \$ 295.00
- PW / Bantam
- August 17-21 Cost \$ 395.00
- August 24-28 Cost \$ 395.00
- Aug. 31-Sept. 4 Cost \$ 395.00

All levels will receive a \$45 discount per session if registration form and full payment is received by July 17, 2009.

Name: _____

Age: _____ Birth Date: _____

Address: _____

City, State, Zip: _____

e-mail address: _____

What team do you currently play on?:
 _____ Level: _____

Parent Name: _____

Phone #: _____

Emergency Contact Name: _____

Emergency Contact Phone #: _____

Payment: Cash Check # _____ Credit Card

Card # _____

Exp. Date: _____ Amount: _____

Name on Card: _____

Please print and include middle initial.

Signature: _____

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

Please sign waiver on reverse side.



**Union Sports Arena
Liability Waiver and Release**

Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility code and acknowledge that all skaters skate at their own risk

At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's parent or legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the Facility arising from skater's use of the Facility or otherwise upon the premises.

Yes, I have read and understand the policies that are stated with regards to the U.S.A. Summer Hockey Skills Development Camp.

_____ Age _____
Name of Participant

_____ Date: _____
Signature of Participant or
Parent/Guardian (if under 18)

Union Sports Arena
2441-A Route 22 West
Union, NJ 07083

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(Located behind Pizza Hut & Best Buy)